



*Positioning the People To Prosper In Christ.  
Jer. 29:11*

# Month of Consecration

## MANUAL

Friday January 1 – Sunday January 31, 2010  
“The Year of Focus”

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# WHAT DOES IT MEAN TO CONSECRATE?

## Definitions:

1. **CONSECRATION** — The devoting or setting apart of anything to the worship or service of God.

This means the separation of persons, utensils, buildings, or places from everyday secular uses for exclusive dedication to holy or sacred use. The apostle Paul spells out the term's meaning in Romans 12:1–2, stressing that consecration involves a living sacrifice to God. In everyday life each Christians are meant to live out a “holy” and “royal” priesthood for God's glory (1 Pt 2:9).

Examples of such separation, ordination and dedication can be found in the following scriptures: **(Exodus 13:2) (Exodus 28:41) (Leviticus 8:10–12) (Leviticus 21:12) (Numbers 6:9) (Deuteronomy 15:19) (1 Kings 13:33) (John 10:36) (1 Corinthians 7:14) (1 Timothy 4:5).**

2. **FASTING-** . Eating sparingly or abstaining from food altogether, either from necessity or desire.

Spiritual fasting entails setting aside activities as well as reducing the intake of food and replacing these activities with the exercise of prayer and preoccupation with spiritual concerns.

Three types of fast are generally recognized:

1. *Normal, in which there is no intake of food for a prescribed period of time, though there may be an intake of liquids;*
2. *Partial, in which the diet is limited, though some food is allowed;*
3. *Absolute, in which there is a total abstinence from food and liquids in all forms.*

Examples of how/why people fasted can be found in the following scriptures: **(Judges 20:26) (1 Samuel 7:6) (2 Samuel 12:16–20) (1 Kings 21:9) (1 Kings 21:27) (2 Chronicles 20:3) (Ezra 8:21) (Nehemiah 1:4) (Jeremiah 14:12) (Jeremiah 36:6, 9) (Psalms 35:13; 69:10)**

## WHY SHOULD I FAST AND CONSECRATE?

1. To show God He is first and most important in our life;
2. To show Satan God is first and most important in our life;
3. To show ourselves God is first and most important in our life;
4. To prove that we can give up ANYTHING for God;
5. To prove that we are committed to God;
6. To add strength and power to our life through weakness;
7. To add strength and unity to our church body;
8. To receive blessings from God;

## WHAT WILL I HAVE TO GIVE UP?

*The following items are examples of things we may be asked to sacrifice during this consecration:*

1. Food
2. Drinks (other than water and juice)
3. Idle conversation
4. Internet- **NO Facebook, Twitter, MySpace and any other social networks.**
5. Cell phone- **NO text messaging.**
6. Television
7. Outside Entertainment
8. Married Couples(all forms of intercourse)
9. Strongholds(anything that holds you strong)

**Note:** The whole month is set aside to give up things for God. What you do after the times of fasting should be very limited. In other words, if we are fasting until 6pm, don't drink all the water and juice that you can get your hands on after 6pm. This month is a Month of Consecration. Our Spirit man will be fortified as we deny our flesh. This will not only help you as a family and physically, but will also help **Praise** as a Body!

We **WILL NOT** consume the entire month:

- Red meat or pork; Sodas; coffee and tea (caffeinated or decaffeinated); and energy drinks; Sweets (cake, ice cream, etc).

We **WILL ABSTAIN** from the following for the entire month:

- Internet surfing (unless job related). **NO Facebook, Twitter, MySpace and any other social networks.**; Reading and sending emails (unless job related or in case of emergency) the entire month; Unnecessary phone conversation, both home phone and cell phone, including text messaging the entire month.

## WHAT ITEMS WILL I NEED FOR THIS CONSECRATION?

1. **Commitment**
2. **Bible**
3. **Anointing Oil**
4. **Journal**

**Note:** Journal entries may include: *What did I learn about God today? What did I learn about myself today? What was my biggest struggle today? How was I made stronger today? How did my body respond today? If I failed today, what caused it? Declare no failure tomorrow!*

## WHAT SHOULD I DO DURING THIS CONSECRATION?

1. **Anoint your head**
2. **Pray**
3. **Read the bible**
4. **Meditate on God and what you have read**
5. **Have expectation**
6. **Journal**
7. **Don't complain**

**Note:** Make sure to anoint your head daily, **Journal** daily and read your **Word** daily. We recommend reading a chapter in the book of **Proverbs** daily.

During this consecration, we must fellowship in prayer and praise together. Call members (**not idle conversation**) and pray together. Have praise together. Document what you expect God to do during this time.

## WHAT ARE WE PRAYING FOR AS A BODY?

January 1-2	Salvation in the world/families
January 3	Be filled with the Holy Ghost
January 4	Focus on relationships
January 5	Healing/disease/relationships/stress
January 6	Peace of mind, healthy mind
January 7	Destruction of generational curses
January 8	Ministry exposure
January 9	Debt cancellation/Financial freedom
January 10-14	Construction/paying off of our new church facility
January 15	Manifestation of miracles, signs and wonders
January 16	Strategic Evangelism
January 17-18	Creative ideas and strategy production
January 19	Leadership development
January 20-22	Book/Movie releases
January 23-25	Creating Full time business owners
January 26	Full time staff at PFWC
January 27-28	Favor
January 29-30	Wisdom
January 31	Desires of your heart

## JANUARY CONSECRATION SCHEDULE:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 15 minutes of prayer when you arise & before bed	<b>2</b> <b>Normal Fast</b> from the time you arise until 5pm
<b>3</b> 7:45prayer before 8a.m. service; 9:45prayer before 10a.m. service <b>Normal Fast</b> until after noon.  (30minute) prayer before bed.	<b>4</b> 5am prayer (15 minutes) <b>Normal Fast</b> until 6 pm. 15minutes of prayer before bed.	<b>5</b> 5am prayer (15 minutes) <b>Normal Fast</b> until 6 pm. 15 minutes of prayer before bed.  <b>Bible Study (PFWC)</b>  <b>7:30-8:30</b>	<b>6</b> 5am prayer (15 minutes) <b>Normal Fast</b> until 6 pm. 15 minutes of prayer before bed.	<b>7</b> 5am prayer (1 hour) <b>Normal Fast</b> until 6 pm. 15minutes of prayer before bed.  <b>Prayer @ Church at 5am &amp; noon</b>	<b>8</b> 5am prayer (15 minutes) <b>Normal Fast</b> until 6 pm. 15minutes of prayer before bed.	<b>9</b> 15 minutes of prayer when you arise & go to bed  <b>Absolute Fast</b> until 3pm
<b>10</b> 7:45prayer before 8a.m. service; 9:45prayer before 10a.m. service <b>Normal Fast</b> until after noon.  (30minute) prayer before bed.	<b>11</b> 6am prayer (30 minutes) <b>Absolute Fast</b> until 6 pm. 30minutes of prayer before bed.	<b>12</b> 6am prayer (30 minutes) <b>Absolute Fast</b> until 6 pm. 30minutes of prayer before bed.  <b>Bible Study (PFWC)</b>  <b>7:30-8:30</b>	<b>13</b> 6am prayer (30 minutes) <b>Absolute Fast</b> until 6 pm. 30minutes of prayer before bed.	<b>14</b> <b>5am prayer</b> (1 hour) <b>Absolute Fast</b> until 6 pm. 30minutes of prayer before bed.  <b>Prayer @ Church at 5am &amp; noon</b>	<b>15</b> 6am prayer (30 minutes) <b>Absolute Fast</b> until 6 pm. 30minutes of prayer before bed.	<b>16</b> 6am prayer (30 minutes) <b>Absolute Fast</b> until 6 pm. 30minutes of prayer before bed.

### Notes:

- **NORMAL fast:** consists of water or juice
- **ABSOLUTE fast:** consists of NO FOOD or DRINK
- \*Nightly dinners should consist of light foods such as: salads with grilled chicken, chicken and tuna salads etc.
- \*Sundays will feature breakfast for children & guests only. Leaders will be served water & juice.

<p><b>17</b></p> <p><u>NO INTERCOURSE OF ANY KIND</u></p> <p>7:45prayer before 8a.m. service;</p> <p>9:45prayer before 10a.m. service</p> <p><b>Normal</b> Fast until after noon.</p> <p>(30minute) prayer before bed.</p>	<p><b>18</b></p> <p><u>NO INTERCOURSE OF ANY KIND</u></p> <p>5am prayer (30 minutes)</p> <p><b>Eat What you like. (In moderation).</b></p> <p>30minutes of prayer before bed.</p>	<p><b>19</b></p> <p><u>NO INTERCOURSE OF ANY KIND</u></p> <p>6am prayer (30 minutes)</p> <p><b>Normal Fast – 24hr.</b></p> <p>30minutes of prayer before bed.</p> <p><b>Bible Study (PFWC)</b></p> <p><b>7:30-8:30</b></p>	<p><b>20</b></p> <p><u>NO INTERCOURSE OF ANY KIND</u></p> <p>6am prayer (30 minutes)</p> <p><b>Normal Fast – 24hr.</b></p> <p>30minutes of prayer before bed.</p>	<p><b>21</b></p> <p><u>NO INTERCOURSE OF ANY KIND</u></p> <p>5am prayer (1 hour)</p> <p><b>Normal</b> Fast until 6 pm.</p> <p>30minutes of prayer before bed.</p> <p><b>Prayer @ Church at 5am &amp; noon</b></p>	<p><b>22</b></p> <p><u>NO INTERCOURSE OF ANY KIND</u></p> <p>5am prayer (1 hour)</p> <p><b>Normal</b> Fast until 6 pm.</p> <p>30minutes of prayer before bed.</p> <p><b>SHUT-IN @ Church</b></p> <p><b>10pm-2am</b></p>	<p><b>23</b></p> <p><u>NO INTERCOURSE OF ANY KIND</u></p> <p>30 minutes of prayer from the time you arise</p> <p><b>Normal</b> Fast until 6 pm.</p> <p>30minutes of prayer before bed.</p>
<p><b>24</b></p> <p><u>NO INTERCOURSE OF ANY KIND</u></p> <p>7:45prayer before 8a.m. service;</p> <p>9:45prayer before 10a.m. service</p> <p><b>Normal</b> Fast until after noon.</p> <p>(30minute) prayer before bed.</p>	<p><b>25</b></p> <p><u>NO INTERCOURSE OF ANY KIND</u></p> <p>5am prayer (30 minutes)</p> <p><b>Absolute</b> Fast until 6 pm.</p> <p>30minutes of prayer before bed.</p>	<p><b>26</b></p> <p><u>NO INTERCOURSE OF ANY KIND</u></p> <p>5am prayer (30 minutes)</p> <p><b>Absolute</b> Fast until 6 pm.</p> <p>30minutes of prayer before bed.</p> <p><b>Bible Study (PFWC)</b></p> <p><b>7:30-8:30</b></p>	<p><b>27</b></p> <p><u>NO INTERCOURSE OF ANY KIND</u></p> <p>5am prayer (30 minutes)</p> <p><b>Absolute</b> Fast until 6 pm.</p> <p>30minutes of prayer before bed.</p>	<p><b>28</b></p> <p><u>NO INTERCOURSE OF ANY KIND</u></p> <p>5am prayer (1 hour)</p> <p><b>Absolute</b> Fast until 6 pm.</p> <p>30minutes of prayer before bed.</p> <p><b>Prayer @ Church at 5am &amp; noon</b></p>	<p><b>29</b></p> <p><u>NO INTERCOURSE OF ANY KIND</u></p> <p>5am prayer (30 minutes)</p> <p><b>Absolute</b> Fast until 6 pm.</p> <p>30minutes of prayer before bed.</p>	<p><b>30</b></p> <p><u>NO INTERCOURSE OF ANY KIND</u></p> <p>5am prayer (30 minutes)</p> <p><b>Absolute</b> Fast until 6 pm.</p> <p>30minutes of prayer before bed.</p>
<p><b>31</b></p> <p><u>NO INTERCOURSE OF ANY KIND</u></p> <p>7:45prayer before 8a.m. service;</p> <p>9:45prayer before 10a.m. service</p> <p><b>Normal</b> Fast until after noon.</p> <p><b>Fellowship Dinner after the 10am service.</b></p>	<p><b>Notes:</b></p> <ul style="list-style-type: none"> <li>▪ <b>NORMAL fast:</b> consists of water or juice</li> <li>▪ <b>ABSOLUTE fast:</b> consists of NO FOOD or DRINK</li> <li>▪ *Nightly dinners should consist of light foods such as: salads with grilled chicken, chicken and tuna salads etc.</li> <li>▪ *Sundays will feature breakfast for children &amp; guests only. Leaders will be served water &amp; juice.</li> <li>▪ *We will break our fast with a fellowship dinner after the 10am service on Sunday, January 31, 2010!</li> </ul>					

